

BECOMING A MEALS ON WHEELS CUSTOMER



A STEP-BY-STEP GUIDE ON ACCESSING MEALS ON WHEELS

CONSIDER YOUR NEEDS

Firstly, have a think about how often you'd like to receive Meals on Wheels. Some people prefer a few times a week, while others would like a daily meal. Meals on Wheels also offers frozen meals for convenience on the weekends.

CHECK IF YOU ARE ELIGIBLE FOR EXTRA SUPPORT

Meals on Wheels provides its essential service via the Commonwealth Home Support Programme, Home Care Packages and on a private basis.

You may be eligible for subsidised meals through these Government programs so it is a good idea to check this by speaking to the team at My Aged Care on 1800 200 422 .

CONTACT YOUR LOCAL SERVICE

You will find the contact details to your local Meals on Wheels service on the MoW Australia [website](#) or by emailing MoW WA on contact@mealsonwheelswa.org.au

By getting in touch with you local Meals on Wheels provider you can to discuss your needs and set up an account.

ENJOY!

Once your account has been set-up and you've been put on a roster for meal deliveries, you should expect flavoursome and nourishing meals delivered to your door by friendly volunteers within a couple of days.



Meals on Wheels
Western Australia